



LOVE FOR HEROES

Calvary Lutheran has a project to show our love and support for our military personnel serving overseas. We show this love by praying for our military and by sending periodic 'care' packages. We invite you to submit request forms for your loved ones overseas. We will prepare and ship boxes to your loved one as long as the individual is deployed.

If you would like to contribute to this ministry, you can do so by contributing items from the suggested list on the website. If you prefer to make monetary donations, you can do so by writing a check payable to Calvary Lutheran Church and specifying Love for Heroes. These donations are tax deductible. We will use the funds to purchase items for the boxes as well as paying the postage. Postage on each box is \$13.

The most important way to help our military members and their families is by prayer. We encourage you to pray daily for all our military and for their families for the selfless acts they perform in service to our country.

LOVE FOR HEROES

REQUEST FORM

CALVARY LUTHERAN CHURCH

Calvary Lutheran Church in an effort to support our military personnel serving overseas would like to provide periodic `care` packages. If you have a family member, relative, or friend, who is in the military, serving overseas and you'd like them to receive periodic letters and small practical gifts, please fill out this form and return it to **Love For Heroes** at Calvary Lutheran or email to: churchsecretary@calvaryslz.org subject: Love For Heroes .

This is the military member I would like Calvary Lutheran to support.

Name_____

Branch_____

Rate/Rank_____

Deployed Address_____

Approximate return date_____

Email_____

Birthday_____

Name of Requestor_____

Relationship of military personnel to requestor_____

Do you have access to any of the following?

Coffee Maker DVD Player Microwave

Calvary Lutheran Church, 17200 Via Magdalena, San Lorenzo, CA 94580

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SUGGESTED ITEMS FOR SOLDIERS

How can you support this ministry?

Pray for our military personnel and for this ministry

Gifts of cash will be needed to pay for shipping the boxes, plus to purchase items needed to fill the boxes

FOOD ITEMS

Candy(heat resistant)/gum
Cracker Jacks
Coffee creamer/flavored creamer
Hot Chocolate packets
Gator aid Powdered drink mixes, Pre-sweetened Kool-Aid, flavored teas
Pre-sweetened drink mix (bottled water size)
Granola bars/Power Bars
Fruit bars/dried fruit/fruit snacks
Corn nuts/Sunflower seeds/ Pumpkin seeds
Beef jerky/Slim Jims (No Pork)
Canned fruit (pop top cans or plastic cups)
Cereal -single size boxes, Oatmeal (Instant)
Cookies/Little Debbie and Hostess snack cakes (Individually wrapped)
Ravioli (Pop Top cans)/ Tuna kits/ Spam
Cup of soup
Chips/pretzels/crackers (lunch size)
Salsa/dips (canned)
Peanuts/nuts (Shelled) Trail mix
Microwave popcorn

TOILETRIES/HYGIENE

Baby wipes
Deodorant (men & women)
Disposable razors

Eye drops
Chap stick
Toothpaste/tooth brushes/mouth wash(small plastic bottles)
Feminine hygiene products
Foot powder
White cotton crew socks
Hand lotion/Sunscreen
Travel size shampoo
Q-tips/antibiotic ointment
Tylenol
Sunblock
Skin So Soft bug repellent
Hand sanitizer
Dental floss
Gel insoles for boots
Stain removing stick

MISCELLANEOUS

Phone Cards - AT&T
Playing cards
Board games, checkers, chess (travel size)
Batteries AA, AAA size
Dryer anti-static sheets
Balloons (Protect cell phones, other electronics from moisture, sand)
Crossword puzzles/magazines(new or used)/paperback books
Writing paper/pens
Self -adhesive envelopes
CD's music(any type)
DVD Movies
Small Toys/footballs/used baseball mitts/paper airplanes/Slinky/stress ball
Sewing kits
Ziplock bags -Gallon, Quart, Sandwich size